



ROCANVILLE & DISTRICT

Available online at www.rocanville.ca

Community

CALENDAR

August 2016

SUN MON TUE WED THU FRI SAT

	<p>1</p> <p>TOPS</p> <p>REC OFFICE CLOSED SASKATCHEWAN DAY</p> 	<p>2</p> <p>Garbage Collection</p>	<p>3</p> <p>Slo Pitch Year End Tournament</p> 	<p>4</p> 	<p>5</p> 	<p>6</p>
<p>7</p>	<p>8</p> <p>TOPS</p> <p>Museum Meeting 7:30pm @ Museum</p> 	<p>9</p> <p>Recycling Collection</p> <p>Engineering for Kids 9am-4pm</p> <p>Pool Board Meeting 6pm @ Rec Office</p>	<p>10</p> <p>Town Council Meeting</p> <p>REC OFFICE CLOSED</p> <p>Fire Dept/1st Responder Meeting 7:00 PM</p>	<p>11</p> <p>REC OFFICE CLOSED</p>	<p>12</p>	<p>13</p>
<p>14</p>	<p>15</p> <p>TOPS</p> 	<p>16</p> <p>Garbage Collection</p> <p>REC OFFICE CLOSED @ NOON</p>	<p>17</p> <p>REC OFFICE CLOSED @ NOON</p> 	<p>18</p>	<p>19</p>	<p>20</p> <p>Market at the Museum 10 am -2 pm</p> 
<p>21</p>	<p>22</p> <p>TOPS</p> <p>Wellness Clinic @ Lodge # 2</p> <p>REC OFFICE CLOSED @ NOON</p> 	<p>23</p> <p>Recycling Collection</p> <p>Summer Program Fruit Pizza Sale For Businesses</p> <p>REC OFFICE CLOSED</p>	<p>24</p> <p>Town Council Meeting</p> <p>Go Science at the Library 2pm-5pm</p>	<p>25</p> <p>Last Day of the Summer Program</p> <p>Calendar Deadline</p>	<p>26</p>	<p>27</p>
<p>28</p>	<p>29</p> <p>TOPS</p> 	<p>30</p> <p>Garbage Collection</p>	<p>31</p> <p>Fire Dept/1st Responder Meeting 7:00 PM</p>	<p>Rocanville Aquatic Centre Swimming Lessons August 15th - 18th Preschool to Star Levels!</p> 		
<p>Summer Rec Office Hours 9-5 Monday-Thursday. Have a fun summer!</p>						

Town of Rocanville

August, 2016



Summer Hours



Transfer Station Open:

Mondays	12:00 - 6:00
Wednesdays	4:00 - 6:00
Fridays	2:00 - 6:00
Saturdays	11:00 - 3:00

Town Office Telephone:
306.645.2022

rocanville.town@sasktel.net

Town Council

Mayor

Daryl Fingas

Councillors

Ed English

Stan Langley

Ken Nixon

Henry Pierrard

Ron Reed

Blaine Shire

AUGUST COUNCIL MEETINGS

PLEASE NOTE THAT THE AUGUST COUNCIL MEETING WILL BE HELD ON THE 10TH AND 24TH AUGUST AT 7:00 P.M.

SASKATCHEWAN HOUSING CORPORATION

Please note that George Duce and Dennis Norrie have been appointed to the board.

**THERE IS STILL ONE VACANCY ON THIS BOARD
IF ANYONE WOULD LIKE TO PARTICIPATE**

SCRAP TIRES

Please follow the notices for this
ONE TIME
opportunity to get rid of old scrap tires
FREE.

The R.M. has a collection site north east of Town.

FLUSHING WATER LINES

It is planned to commence water line flushing later this month, please watch for emails and the town notice board for dates and times.

COMPLAINTS

The town has received several complaints about neighbours' cats digging up gardens also one or two dogs running aggressively towards people walking by, if this is reported to the RCMP, this could result in fines or worse still the dog being destroyed, please ensure your pet cannot threaten anyone on the street, or enters other persons properties.

WATER/SEWER PAYMENT DISCOUNT

Please note that to obtain a discount on your water/sewer payment it has to be **IN** the Town's bank account prior to the end of the month, not just paid from your account. We have had a few instances where the deposits are not received in time and therefore do not qualify.

Thank You.

FOR SALE... NOTICES...LOST...FOUND.... COMING EVENTS

LOT FOR SALE

316 Ellice St
75' frontage X 120' deep.
Large, flat, serviced lot & centrally
located in Rocanville.
\$32,000.00
Call 306-949-5454, 403-201-9146
or 306-455-2645

LOT FOR SALE

113 Pitt Street
50' x 120'
Large serviced corner lot with mature
trees and grass.
Located in Rocanville,
close to amenities.
\$25,000.00.
Call 306-434-6226.

HOUSE FOR SALE

218 Pitt Street
Constructed 2008
1200 square feet plus garage (30x30 feet)
\$420,000.00
Call for viewing, please leave a message
306-645-4292

FOR SALE

Water softener and salt holder
Dura Soft, model DT60EM
\$750.00
Please call and leave message
306-645-4292

AT THE GOLF COURSE

Men's Night every Monday at the Golf Course
call clubhouse 306 645 2640 for tee times.

Mixed Golf Night
August 17th @ 6:00 PM
September 7th @ 5:30 PM
See their Facebook page for
more
details.



MEAT FOR SALE

Half pork's, free range, awesome flavor!
\$190 plus cutting and wrapping.
Contact Michelle @ 1-204-851-3584

Rocanville Slo Pitch League

The slo pitch league will be holding their year end tournament on
the evenings of August 3rd, 4th, and 5th.
Beer Gardens every night:
August 3rd & 4th - 6pm-12am
August 5th - 6pm-2am
Burgers and smokies will also be available
Please note that this tournament is for pre-existing teams, no team
entries are being accepted.



Wanting to lose weight?
Come join us on Monday Nights!
TOPS

Take pounds off sensibly
In the basement of the Farmers Building
Weight ins 6:00pm-6:30pm
Meeting to follow
TOPS is a world wide well known support group.



Gapland Rollers and Smalltown Smashers

Interested in learning more about derby?

Are you a fan?

A potential ref or skater? Just curious as to why we're all
skating around the oval?

Contact us: gaplandrollers@gmail.com



**The current PotashCorp Rocanville Community Hall
committee is in charge of construction of the hall, that group
will disband at the end of construction. They are currently
seeking individuals who are interested in becoming members
of the hall committee which will be in charge of operation of
the hall. Interested individuals should contact Steve Fortney
at 306-647-2710 or s.fortnev@sasktel.net.**

The Rocanville Track Committee is looking for volunteers to
continue the walking/running track project. The planning is mostly
complete; we are in need of ideas for fundraising.
We are also looking for an individual or group to organize the
marathon this year that is held in September. If you have any
interest in either of these two committees please email Traci Burke
at tburke@sasktel.net.

Moosomin & District Arts Council

Next Season will be fun same low price of \$60.00, but this year you get five
shows. Shows include: Lisa Brokup October 20, 2016, The [Lion Bear Fox](#) No-
vember 21, 2016. Eric Harper February 7, 2017, The Middle Coast March 7,
2017 and Jake's Gift (A one man Show) May 9, 2017. Please contact Gwenda
Norrie 306 645 2186 for tickets or more information.

AUGUST 2016

**ST. PAUL'S UNITED CHURCH
ROCANVILLE**



WELCOME BACK to

**Regular Church Services at 11:30 am
Dawn Wilson**



**Church Office – 645-2942
Leave a message on answering machine.**



**Sunday August 7- Joint Service with
St. Thomas Anglican at St. Paul's United Church-
POTLUCK LUNCH**

**Choir Practice starts Aug. 31st at 7pm
Bible Study every Wed. @ 7:15pm**



**Annual Fowl Supper - Sunday, Oct. 30th, 2016
Annual Bazaar - Saturday, Nov. 26th, 2016**

**Dawn Wilson may be reached at 645-4359 for hospital
or home visits**

**Matthew 19:26 – Jesus looked at (the disciples) carefully
and said, "it's impossible for human beings. But all things are
possible for God."**

St. Thomas Anglican Church

"Anglicans Serving the Community Since 1883"

ALL ARE WELCOME TO SHARE IN GOD'S WORD.

I urge...that petitions, prayers, intercession and thanksgiving be made for all people. ~1 Timothy 2:1

August Services

Aug 7~Joint Service with St. Paul's United at 11:30 am. Lunch to follow.
Aug 14~Holy Communion Service at 11 am @ Fort Esperance. BBQ Potluck to follow.
Aug 21~Morning Prayer Service at 11 am.
Aug 28~Morning Prayer Service at 11 am.

Wheelchair accessible Hall & Church rentals, call 306-645-4285.

Contact Rev. Trish McCarthy at 306-434-8378 for further information on
BIBLE STUDY, BAPTISM or CONFIRMATION.

**YOUR KIDS ARE WELCOME TO JOIN OUR FUN-FILLED SUNDAY SCHOOL
STARTING IN SEPTEMBER! THEIR FAITH JOURNEY IS THE MOST
IMPORTANT TRIP THEY'LL TAKE!**

Call Desirae at 306-435-6256 for further information.

Vacation Bible School is being hosted by Rocanville's Pentecostal Church this month!



**Dream Big
Child Care Inc.**

**Dream Big Child Care Inc. is looking for After
School Employees**

Must be 16 years of age

**If interested please drop off resume by
August 5, 2016 to Kim or Wanda at the
Daycare.**

Any questions please call 306-645-5455

Children ages 3 and up, you are invited!

Vacation Bible School

**Tuesday, August 23rd to Saturday, August 27th
From 1-4 pm.**

**Come and enjoy a Free Treasure Hunt
Adventure at the new church on the corner of
1002 Railway Ave. Rocanville**

**For more information and to register call any
of the following by August 8th.**

**Donalda Taylor 306-733-2141
Brittany Pederson 306-434-7702
Doug Lancaster 306-535-6932**





The Graduating Class of 2016 would like to thank the Borderland Co-op, Conexus, Larry Magnusson, Easton's Clear Water, and Goodman Steel for their generous donations, Welwyn Regional Park for allowing us to use the park for pictures, Donna Jack for the beautiful flower arrangements, Rocanville Hall for the use of the tables and chairs, the Grade 11 students and parents for all of their hard work, Blueberry Kitchen for the delicious meal, Brennan Merkosky for being the Master of Ceremonies, all of the Award Sponsors and all of those in attendance for helping us celebrate this milestone.



Rocanville Community Thrift Store Schedule August 2016

Monday, Wednesday & Friday 1 - 4 PM, Thursday 6 - 8 PM

Monday, August 1st - CLOSED SASKATCHEWAN DAY

Wednesday, August 3rd -
Therese Fafard, Marie Nixon, Christina Kim, Eileen Minty

Thursday, August 4th - Linda Bock, Pam Botterill

Friday, August 5th -
Eileen Etherington, Phyliss Harper, Audrey Bodenstaff, Marilynn Hickie

Monday, August 8th -
Irene Norton, Ann Hutcheson, Anna DeCorby, Marjorie Thompson

Wednesday, August 10th -
Irene Norton, Dianne Eckersley, Eva Swanson, Christina Kim

Thursday, August 11th - Ann Knight, Sylvia Magneson

Friday, August 12th -
Penny Yung, Phyliss Harper, Bev Felsing, Jean Howie

Monday, August 15th -
Myrna Green-Wicklund, Eva Swanson, Audrey Bodenstaff, Gwenda Norrie

Wednesday, August 17th -
Therese Fafard, Marie Nixon, Anna DeCorby, Eileen Minty

Thursday, August 18th - Ann Knight, Marjorie Thompson

Friday, August 19th -
Linda Bock, Bev Felsing, Pam Botterill, Ann Hutcheson

Monday, August 22nd -
Eileen Etherington, Christina Kim, Sylvia Magneson, Marie Nixon

Wednesday, August 24th -
Ann Knight, Therese Fafard, Marilynn Hickie, Dianne Eckersley

Thursday, August 25th - Irene Norton, Jean Howie

Friday, August 26th -
Irene Norton, Suzanne Wushke, Gwenda Norrie, Audrey Bodenstaff

Monday, August 29th -
Marie-Anne Tremblay, Phyliss Harper, Bev Felsing, Anna DeCorby

Wednesday, August 31st -
Linda Bock, Eileen Minty, Christina Kim, Pam Botterill

Thursday, September 1st - Penny Yung, Marie Nixon, Glenda Brown

Friday, September 2nd -
Ann Knight, Sylvia Magneson, Marilynn Hickie, Ann Hutcheson

Monday, September 5th - CLOSED LABOUR DAY

Wednesday, September 7th -
Myrna Green-Wicklund, Eva Swanson, Phyliss Harper, Jean Howie

Thursday, September 8th - Willa Clark, Gwenda Norrie, Deb Selby



Rocanville Branch Royal Canadian Legion #020

Each year, the Royal Canadian Legion Saskatchewan Command issues a "Military Service Recognition Book" to pay tribute and homage to those who enlisted in Saskatchewan to serve their country. They are always looking for veterans from WW1, WW2, Korean, or any other conflict; peace-keeping missions, OR war brides who have not yet been included in one of the yearly books. If you are a descendent of a veteran or know of anyone who has served and you DO NOT know if their service has been recognized, please inquire at

www.sasklegion.ca or contact a local Legion member. We certainly want to ensure that no one is missed. If you would like to look at past "Military Service Recognition Books", they are available at the Rocanville Regional Library branch as well as the school library and the town and RM offices.



Rocanville Food Share

If you know anyone in the area in need of food please contact

Darlene Williams 645-2921
Vivian Sveinbjornson 645-2059
Roseanne Kelly 306-645-4561
Betty Mills 306-645-2102

Rocanville Community Centre

The Centre will be open every Thursday afternoon at 1:00 PM for cards, board games, pool, shuffleboard and all crafts. **All members and nonmembers of all ages welcome. Come & join us for fun & fellowship.**

For more information on membership please contact Mel Strong or Linda Bock or another board member. Thank you! Membership \$10

EVERYONE is welcome to become a member.
Next Potluck is in the Fall 2016.

Rocanville-Moosomin Disc Golf Club

The Rocanville-Moosomin Disc Golf Club has non-competitive, fun-league play at the Rocanville Disc Golf Club (Rocanville Cross-country Ski Club) every Tuesday through the summer months. Players of all levels are welcome to join. Bring your own discs. For more information, contact Chris at 306 434-7937. Stay tuned to the Rocanville-Moosomin Disc Golf Club's Facebook page or contact Chris for more info. **We can set up a "Learn it, Love it" session at the Club and you can experience the fun for yourself! Clinic participants can bring a disc (frisbee) if you have one! Contact Chris at 434-7937.**

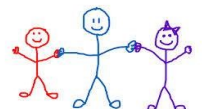
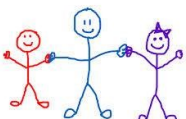


Rocanville Play-School

Request for board members! The Rocanville Play-School needs board members for our upcoming year, without enough new members our Play-School will not be able to operate. We are looking for Vice-President Secretary Members at large (Minimum of two) Members will make a small commitment, only 3-4 meetings in the year, and helping with events that all parents participate in. Interested parents should email Angela Craig - Kavyrndigital@gmail.com

Rocanville Playschool is looking for an enthusiastic, experienced, and dedicated teacher. Classes run 9-11 (3 year olds) and 1-3 (4 year olds) on Tuesday's and Thursday's with an additional class Wednesday if enrolment is high. A successful candidate will have experience planning and running play based classes for 3-4 year olds including some field trips, be certified in first aid and have a clean background check. Early childhood Certification is preferred.

Classes fun from September to June. Email resumes to Kavyrndigital@gmail.com.





Rocanville Soccer Club

Rocanville Soccer club would like to thank Saskatchewan Lotteries and South East Connections for the \$500.00 grant and TD Canada Trust for the \$200.00 donation which was used to purchase 2 PVC goals for our club. Thank you to the Rocanville Thrift Store for their generous donation to our club this season. We would also like to thank everyone who helped out with our league tournament that we hosted. Special thank you to Cheryl and Ed Fehr for volunteering their time painting the lines, setting up nets, running the information booth, reffing and with clean up. Thank you to Clyde Deletsu, Amanda Selby and Casey Tse for reffing all our U12 and U14-18 games. Also, thank you to all the kids for coming out and having fun!

Have a great summer and see you next season!

Rocanville High School Golf Practices

High school golf practices will begin August 9th at 6:30pm at the Rocanville golf course.
Please meet at the driving range.

Practice is open to any student attending Rocanville School between the grades of 7 to 12.

There will be instruction on shot making, golf etiquette and rules.

Everything you need to know to get you started or to get better!

For more information please contact Traci Burke by email at

tburke@sasktel.net or phone 645-2890 after 6pm.

If you do not have clubs, but would still like to play, please contact
Traci before practice.



Dial-A-Van Schedule

For the months of August and September:

The Dial-A-Van will run every Monday, Wednesday and Friday with the exception of statutory holidays.

Please call 306-434-6644 to book your ride.

We also do trips to adult day care at the SEC call for more details.



Market at the Museum

**Saturday,
August 20, 2016**
10 a.m. – 2 p.m.

Rocanville & District Museum

Music By the Green Family
Splash Area for Kids & Bouncers
Rocanville School Playground
Equipment Fundraising
Committee will be putting
on a BBQ Lunch
Hayrides, Crafts,
Tour the Museum.

Door donations will go to
Big Brothers and Big Sisters

Vendor Tables: \$15

**220 Qu'Appelle Ave.
Rocanville, SK**

Phone: 306-645-2113

E-mail: rocanvillemuseum@gmail.com

www.rocanville.ca

Twitter: Rocanville Muse

Facebook: Rocanville & District Museum Market



If you would like to be
a vendor for the
last market of the
season please email:
[rocanvillemuseum
@gmail.com](mailto:rocanvillemuseum@gmail.com)

Phone: 306-645-2113





Rocanville Recreation Summer Program

The Summer Program is in its last month! The last day is August 25th.

It is for children ages 5 to 12.

Cost is \$12 a day or \$35 for a full week.

We have one additional camp that will cost extra (see next page).

Payment is due at the beginning of the week or the day that your child is attending.

There will be no drop ins.

Your child must be pre-registered.

Registration for the week deadline is the Thursday of the week before at 4:00pm.

Registration for the day deadline is 4:00pm the day before.

To register please send an email to rocanvillerecreation@gmail.com

The Rocanville Recreation Summer Program is in need of, active toys (hula hoops, skip its, jump ropes, balls (footballs, basketballs, soccer balls, etc.), ball gloves, hockey sticks, etc.), eggs cartons (cardboard), flower seeds, crafting supplies, dress up clothes, etc.

Your donations are greatly appreciated.

On Wednesdays August 3 & 10 There will be a drop in Program for 4-6 year olds called FRIENDS (details below) from 9am-noon




FRIENDS Builds Emotional Resilience

Do you know that person who always bounces back from stressful situations or crises and always sees the positive side of things? You know, the one that always just, “rolls with the punches” and comes out on top after dealing with their problems and adverse situations. Well, chances are, that person has emotional resilience. Wouldn’t it be great if every child had the chance to develop their own emotional resilience? We think so! That’s why we support the delivery of the FRIENDS programs in schools, childcare center and summer programs throughout our health region.

For ages 4-6 on **Wednesdays August 3 & 10 from 9am-Noon**

The FRIENDS Program was introduced to Rocanville School; and Daycare, Macleod Elementary in Moosomin, Wapella School and Daycare and The SE Early Childhood Committee. Teachers, counselors, daycare workers and a Regional Kids First Program Developer attended one or both days of Leadership training in January. Twenty students from Wapella’s kindergarten to grade two successfully completed the Fun with FRIENDS Program on June 8th. The program was embraced with such enthusiasm other students asked to have “FRIENDS” come to their class. Plans are underway to continue the program in Wapella, introduce it to other schools and daycares and begin a summer program in Rocanville on July 6th.

If you want to know more about the FRIENDS program, please contact Karen Holloway, Rural Health Promotion Coordinator at 306-735-2027, Regina Qu’Appelle Health Region or Roland Holness, Health Educator at 306-766-7316 .



ENGINEERING FOR KIDS

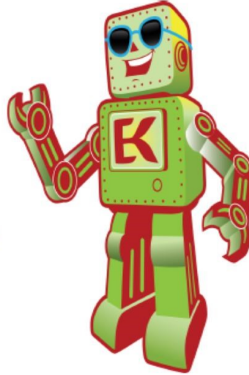
Rocanville Summer Camp Engineering Adventures!

**Build your own functional Straw Rocket!
Design a Marshmallow Bridge and a Roller
Coaster! Experiment with Electronic Snap
Circuits and Levitrons!**

**August 9, 2016
9:00am-4:00pm
Ages: 7-11
Cost: \$45**

To register, please visit
rocانvillerecreation@gmail.com

Partially sponsored by:



Summer Program Up-Coming Events

August 2nd - Water Fun Day (water balloon baseball, slip n' slide kick ball)

August 8th-11th - Olympic Week (learn about some Olympic History & participate in some events)

August 9th - Engineering for Kids

August 11th - Field Trip to Carlton Trail

August 15th-18th - Swimming Lessons

August 18th - Cards at the Community Centre

August 22nd - Mini Amazing Race

August 23rd - Business Fruit Pizza Sale

August 24th - Golfing @ golf course & disc golf @ disc golf course

August 25th - LAST DAY! Field trip to Welwyn Beach



Rocanville Aquatic Centre

The pool has been busy with school lessons, morning fitness, evening boot camp, lane swimming and public swim! The summer program has had some visits to the pool and great fun was had by all!

The pool is taking bookings for birthday parties once again this year. The cost is \$100 for an hour in the water for up to 15 swimmers and 30 min in the party area. You are welcome to bring in whatever food and drink you want.

Please private message on our Facebook page to book.



Boot Camp with Cassidy Taylor has wrapped up. It was very successful and we hope to hold it again in the future. Stay tuned!



HELP WANTED!!!


The Rocanville Aquatic Centre is looking for lifeguards for the remainder of the season. If you are interested please email resumes to rocانvilleaquatic@gmail.com

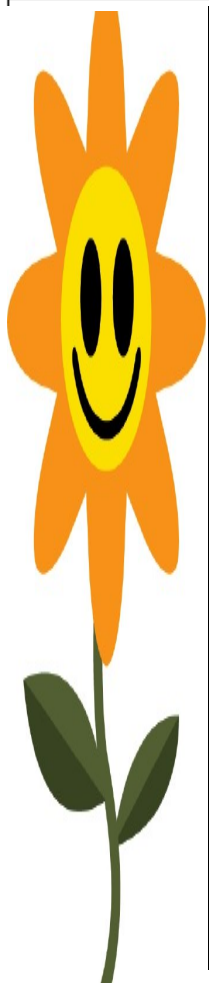
Have you liked "Rocanville Aquatic Center" on Facebook? Please do! We post all the exciting events the pool has going on, including daily schedules.

Stay tuned for our August Facebook contest, coming soon!



August 2016 Aquatic Centre Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 2-5 Public Swim	2 9-10 Lane Swim 10-12 Public Swim 1-8 Public Swim 8-9 Lane Swim	3 9-10 Fitness 10-12 Public Swim 1-5 Public Swim 6-7 Lane Swim 7-9 Public Swim	4 9-10 Lane Swim 10-12 Public Swim 1-5 Public Swim 6-7 Lane Swim 7-9 Public Swim	5 9-10 Fitness 10-12 Public Swim 1-8 Public Swim 8-9 Lane Swim	6 10-12 Family Swim 1-4 Public Swim
7 2-5 Public Swim	8 9-10 Fitness 10-12 Public Swim 1-5 Public Swim 6-7 Lane Swim 7-9 Public Swim	9 9-10 Lane Swim 10-12 Public Swim 1-8 Public Swim 8-9 Lane Swim	10 9-10 Fitness 10-12 Public Swim 1-5 Public Swim 6-7 Lane Swim 7-9 Public Swim	11 9-10 Lane Swim 10-12 Public Swim 1-5 Public Swim 6-7 Lane Swim 7-9 Public Swim	12 9-10 Fitness 10-12 Public Swim 1-8 Public Swim 8-9 Lane Swim	13 10-12 Family Swim 1-4 Public Swim
14 9-1 Staff Inservice 2-5 Public Swim	15 8-9 Fitness 9-3 Lessons 3:30-5:30 Public Swim 6-7 Lane Swim 7-9 Public Swim	16 9-3 Lessons 3:30-5:30 Public Swim 6-7 Lane Swim 7-9 Public Swim	17 8-9 Fitness 9-3 Lessons 3:30-5:30 Public Swim 6-7 Lane Swim 7-9 Public Swim	18 9-3 Lessons 3:30-5:30 Public Swim 6-7 Lane Swim 7-9 Public Swim	19 9-10 Fitness 10-12 Public Swim 1-8 Public Swim 8-9 Lane Swim	20 10-12 Family Swim 1-4 Public Swim
21 2-5 Public Swim	22 9-10 Fitness 10-12 Public Swim 1-5 Public Swim 6-7 Lane Swim 7-9 Public Swim	23 9-10 Lane Swim 10-12 Public Swim 1-8 Public Swim 8-9 Lane Swim	24 9-10 Fitness 10-12 Public Swim 1-5 Public Swim 6-7 Lane Swim 7-9 Public Swim	25 9-10 Lane Swim 10-12 Public Swim 1-5 Public Swim 6-7 Lane Swim 7-9 Public Swim	26 9-10 Fitness 10-12 Public Swim 1-8 Public Swim 8-9 Lane Swim	27 10-12 Family Swim 1-4 Public Swim
28 2-5 Public Swim	29 9-10 Fitness 10-12 Public Swim 1-5 Public Swim 6-7 Lane Swim 7-9 Public Swim	30 9-10 Lane Swim 10-12 Public Swim 1-8 Public Swim 8-9 Lane Swim	31 9-10 Fitness 10-12 Public Swim 1-3 Public Swim	DID YOU KNOW? Kidsport sponsors swimming lessons and pool passes if cost is a barrier. For more information contact the Rec Office @ 306-645-2164		



2016 Pool Rates:
Daily Admissions:
 Preschool, age 6 and under (\$4.00)
 Students (7-17)/Seniors (\$6.00)
 Adults (\$7.00)
 Families (\$15.00)
 Fitness Class/Lane Swim Drop-In (\$7.00)
 Boot Camp Drop-In (\$12.00)
10 Packs:
 Boot Camp (\$80.00)
 Fitness Pack (\$50.00)
 Student (\$35.00)
 Adult (\$60.00)
 Family (\$100.00)
 Family Yearly (\$750.00)

Rentals:
 Up to 49 people (\$89.00)
 Additional 10 people (\$20.00)

Lessons:
 Parent & Tot/Preschool (\$50.00)
 Swimmer Levels (\$60.00)

****ALL PRICES INCLUDE TAX****

SUMMER SWIMMING LESSONS!

Rocanville Aquatic Centre is offering summer swimming lessons!

August 15th - 18th

9-10 AM	Preschool
10-11 AM	Swimmer 1-Swimmer 5
11 AM-12 PM	Swimmer 6-Rookie, Ranger, Star
1-2 PM	Swimmer 1-Swimmer 5
2-3 PM	Swimmer 6-Rookie, Ranger, Star

OPTION A: Register your child for swimming lessons.

Cost:

\$50 for Preschool

\$60 for Swimmer Levels - Rookie, Ranger, Star

****To Register Message The Rocanville Aquatic Centre on Facebook.****

OPTION B: Register your child for swimming lessons and the summer program.

Children ages 5 to 12 years. You child will be taken to & from their swimming lessons and supervised as part of the program.

Cost:

\$50 for Preschool + \$12/day or \$35/week Summer Program Fee

\$60 for Swimmer Levels - Rookie, Ranger, Star + \$12/day or \$35/week Summer Program Fee

****To Register Email rocavillerecreation@gmail.com.****

BLACK GOLD RUSH!

SCRAP TIRE CLEAN-UP

FREE OF CHARGE!

STAKE YOUR CLAIM!
CALL YOUR LOCAL MUNICIPALITY FOR DETAILS!

Collection Dates: Only

July 25 to August 14, 2016

IS THE DEADLINE TO GET YOUR TIRES IN!

COLLECTION DETAILS AS FOLLOWS:

Free One Time Only!

**Half Mile North of 308 Hwy
on Highway # 8**

Gary: 435-7077; office: 645-2055

**THIS IS A ONE-TIME FREE CLEAN-UP. ALL TIRES
COLLECTED ARE RECYCLED INTO USEFUL PRODUCTS!**

**SASKATCHEWAN
SCRAP TIRE
CORPORATION**

www.scraptire.sk.ca • (306) 721-TIRE

NOW IS THE TIME TO ACT! STAKE YOUR CLAIM

IMPORTANT INFORMATION

The Saskatchewan Scrap Tire Corporation's (SSTC) tire recycling program was established in 1996. The non-profit program has a three phase approach to recycling tires:

Phase 1 & Phase 2 have been completed in our RM.

We are currently in Phase 3: Private Stockpiles. This will involve the clean-up and recycling of tire stockpiles from private properties throughout Saskatchewan. There will be no cost to the individual for Phase 3 program.

The SSTC is conducting a one time free of charge clean up of scrap tires in our area as part of Phase 3 of the Saskatchewan Scrap Tire Corporation's tire recycling program.

TO GET YOUR SCRAP TIRES INTO THE RECYCLING STREAM CONTACT YOUR LOCAL MUNICIPALITY OFFICE.

RM #151: 306 645 2055



Call or Text 306-740-8958 for Service 24/7

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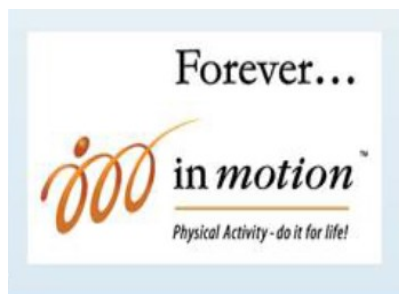
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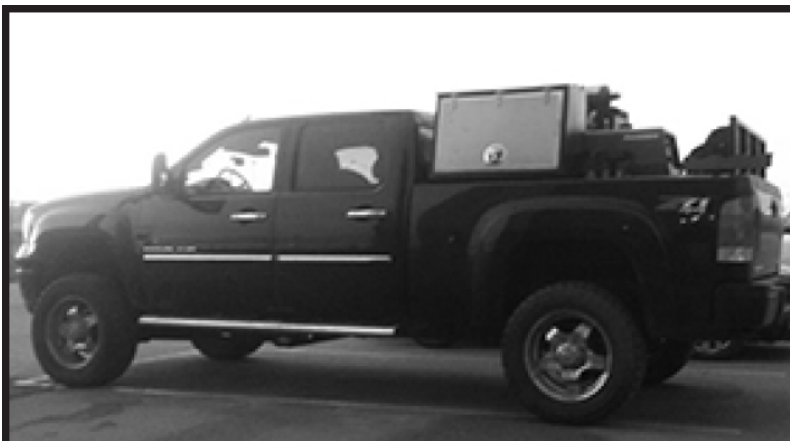
FOREVER IN MOTION

Summer is here and the group is once again serious about keeping active. Participants are grateful for the interest that people from the community have demonstrated by joining the morning exercise and walking sessions. Everyone chuckles over the Saskatchewan adventures experienced in the virtual world over morning coffee. Prairie View Lodge folk will continue to enjoy their Forever in Motion activities through this spring and welcome others to join in for a half hour of gentle aerobic exercise each Tuesday and Thursday morning at 9:30 AM Call the Rec Office. 306-645-2164

Thanks to Donna Bell & Lil Gagnon for being awesome Forever in Motion volunteer motivators!



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AT THE LIBRARY

The Saskatchewan Science Centre and TD Summer Reading Club!

Summer Reading Club—August 23rd and 25th, from 2-4 pm. This is a great time for your children to come and have some fun with crafts, games, and activities. A snack is provided at the end of each afternoon.



The Science Centre!- August 24, from 2:30-5:30 pm. Children will explore the world around them in adventurous ways, seeking the unknown through 3 fun programs: Whimsical Wilderness, Strange, but True, and Rebel Scientists

Please pre-register by for both events by calling the Library at 306-645-2088, or Facebook us. No charge.



New Books-

14th Deadly Sin—by James Patterson

Make Me— by Lee Child

The Melody Lingers on— by Mary Higgins Clark

Library Hours:

Tues: 1:30-5:00 PM

Wed : 9 AM-12:30 P M
and 2:00-6:30 PM

Thurs: 1:30-5:00 PM

Phone: 645-2088



Next Board Meeting:

Sept. 15, 2016

at 5:00 pm

at the Library.



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Urban gardening: Small spaces, big payoffs

Enjoy fresh fruits, vegetables and herbs grown right at home it's easier than you think!

Imagine opening your door this Summer, taking a few short steps, plucking a ripe, red tomato off the vine and sinking your teeth into it. It's juicy bursting with flavor and still warm from the sun.

Sounds like a fantasy? It doesn't have to be. Growing fruits, veggies and herbs in urban spaces is a blossoming trend that's here to stay. Savvy city dwellers are opting to grow local sustainable food themselves, instead of buying it trucked in from hundreds or even thousands of miles away.

The best part is you don't need a large yard to enjoy the sweet success of urban gardening. You might choose to create a windowsill herb garden, keep bees on a rooftop, plant a vertical garden in a tight space, grow plants in containers on your balcony, hang herb pots from your ceiling- or something

completely unique based on your space.

Sow and reap the benefits

Gardening is good for you in many ways. A study actually found a bacterium in soil that has antidepressant qualities. There you have it-playing in the dirt can make you happy. But that's not all. Here's what you could gain by getting a little dirt under your fingernails:

Freshness, flavor and nutrition. Nothing beats fresh produce that's picked and eaten at its peak. With minimal time between production and consumption, it tastes better and keeps more nutrients.

Sustainability. When you grow food locally, you're helping to reduce the impact of transporting food over long distances. It's good for you, your wallet and the planet.

Food quality. Growing on your property or in a community garden can dramatically improve the quality of the food on your plate. What's more you know exactly where and how it's been cultivated.

(1) www.modernfarmer.com/2014/08/dirt-make-us-happy-getting-hands-ground-better-prozac/