








ROCANVILLE & DISTRICT

Available online at www.rocanville.ca

Community

CALENDAR

July 2015

SUN	MON	TUE	WED	THU	FRI	SAT
Congratulations Grads of 2015 	Rocanville X Country has mowed a portion of the trail for a walking trail. Please come for a walk in the trees!		1  Happy Canada Day!	2  Museum Opens for Season 10am-5pm Daily	3 Town Office Closed	4
5	6 Summer Program Begins 10am @ Museum TOPS	7 Garbage Collection Museum Meeting @ Museum 7:30pm Fire Dept /1st Responder Meeting 7:00PM	8 REDO/BOT Meeting 8am @ Rec Office Town Council Meeting	9	10	11
12	13 Rec Office Closed TOPS	14 Recycling Collection	15 Carol Daniels 1pm @ Museum  Mixed Golf Night 5:30pm @ Golf Course	16	17	18  Market at the Museum & 10am-2pm
19	20 TOPS Wellness Clinic @ Lodge # 2	21 Garbage Collection Advance Poll for Referendum 4-7pm @ Town Office Fire Dept / 1st Responder Maintenance/Training 7:00PM	22 Town Council Meeting	23 24 25 Rocanville Slo Pitch Committee Year-End Tournament Beer gardens will be open all day at the yellow diamond!		Town Office Closed Calendar Deadline 
26	27 Town Office Closed TOPS	28 Recycling Collection	29 Town Office Closed	30	31	Camp Out at the pool 4pm Saturday until 9:30am Sunday Swim, Movies, Snacks, Sleepover

Town of Rocanville

July, 2015



Summer Hours



Transfer Station Open:

Wednesdays 4:00 – 6:00

Fridays 2:00 – 6:00

Saturdays 11:00 – 3:00

Town Office Telephone:
306.645.2022

rocanville.town@sasktel.net

Town Council

Mayor

Daryl Fingas

Councillors

Ed English

Stan Langley

Ken Nixon

Henry Pierrard

Ron Reed

Blaine Shire

Community Hall Referendum

I am in favour of Town Council borrowing \$360,000 to build the proposed Community Hall (with an estimated value of \$2,400,000) and also in favour of Town Council co-signing a loan for \$765,000 for the Hall Fundraising Committee.

Legislation requires the Town to provide voters with the term of the debt, the amount of the annual payment and its source of funding:

Funding Plan for the Town's Financial Commitment:

Amount Required to Borrow: \$ 360,000
Term of the Loan: 2016 – 2025
Annual Payment: \$ 41,325

The funds required to make the Annual Payment will be generated from the \$100 property tax increase that began this year (2015).

Funding Plan for the Hall Committee's Financial Commitment:

Amount Required to Borrow: \$ 765,000
Term of the Loan: 2016 – 2030
Annual Payment: \$ 64,035

The Hall Committee plans to fundraise by pursuing corporate sponsors, private donations, government grants, etc. However, as required by law, the Town must present voters with the worst case scenario where the Town of Rocanville will be responsible for \$765,000.

The money required to make the Annual Payment will come from existing resources that are currently used to make a \$71,938 annual loan payment. This loan will be retired on July 1, 2016. Therefore, no property tax increase will be required.

YES

No

Voting will take place at the Rocanville Town Office as follows:

Advance Poll **Tuesday, July 21** **4:00pm–7:00pm**

Regular Poll **Wednesday, August 5** **9:00am–8:00pm**

The deadline to apply for a Mail-in Ballot is Wed, July 8

COMMUNITY HALL REFERENDUM

VOTER ELIGIBILITY ...

People eligible to vote are defined as:

- Canadian citizens;
- being the full age of 18 years or will be on voting day;
- residing in the Town of Rocanville for at least three consecutive months immediately preceding the day of the vote or personally owning assessable land within the Town of Rocanville for at least three consecutive months immediately preceding the day of the vote; and
- residing in Saskatchewan for at least six consecutive months immediately preceding the day of the vote.

• * * * *

Voting will take place at the Rocanville Town Office as follows:

Advance Poll	Tues, July 21	4:00pm–7:00pm
Regular Poll	Wed, August 5	9:00am–8:00pm

BRING PHOTO ID



IMAGINE, EXPLORE, DO!

Saskatchewan Science Centre is coming to the Rocanville Regional Library in August!

The Go! Science outreach team will be there to play and explore with three fun and new science themed programs...

Messy Makers – Explore different mixtures, liquids and solutions through hands on experiments and demonstrations.

Dynamic Discoverers – Bring out your inner scientist by designing, testing, tinkering and making!

Water Warriors – Be a water warrior on your quest through the water cycle.

Each program includes an element that every participant takes home.

3 HOURS OF FUN!

Wednesday, August 19th

2-5 pm

At the town Library

Open to kids from K – 6

No cost

Only 25 spots available!

Reserve a spot(s) by calling the library at 645-2088 or leave a message on our Facebook page!

Rocanville Recreation Summer Program

Children ages 5 to 11 are invited to come join us in the fun filled summer day program! Kids will engage in games, arts & crafts, physical activities and much more with our awesome day camp leaders! Each week has a fun and unique theme.

Week #1: July 6-July 9 - Throwback Week

Each day kids can dress up in clothes from different years in the 1900's and participate in popular games from these years. We will also be going swimming at the pool everyday this week from 1:00pm-3:00pm please send a swim suit and towel with your child for these days.

Week #2: July 14-July 16 - Prairie History Week *(There will be no summer program on Monday, July 13th.)*

During this week kids will have the opportunity to learn about some of the history of this area including the pioneers and aboriginal people in this area. On July 15 Carol Daniels from SaskCulture will be with us at 1:00pm to do a creative workshop with the kids.

Reminder that there will be no summer program on Monday, July 13th.

Week #3: July 20-July 23 - Nature Week

During this week kids will get to go on nature walks and do crafts that are nature themed. As well as cook with some of the local produce and participate in outside games.

Week #4: July 27-July 30 - Sports Week

During this week kids will participate in numerous sports each day. We will also be back at the pool on July 28, 29 and 30 so please send a swim suit and towel with your child for these days.

Where: Rocanville Museum Grounds 10:00am-3:00pm. (Drop off at 10, pick up at 3. Call Office to make other arrangements)

Details: Kids are asked to bring a bag lunch, comfortable shoes, sunscreen, and bug spray.

Cost of Camp: \$10.00 per day, \$7.00 for drop in, in either the morning or afternoon session, or 30.00 per week.

Registration: Registration forms can be accessed by contacting the Rec Office by email at rocanvillerecreation@gmail.com

Call for more information 306 645 2164 The summer program will run from July 6, 2015 to August 27, 2015 Monday to Thursday. Cheques can be made payable to Rocanville Recreation.

FOR SALE... NOTICES....LOST....FOUND..... COMING EVENTS

Lot for Sale

316 Ellice St
75' frontage X 120' deep.
Large, flat, serviced lot & centrally
located in Rocanville.
\$32,000.00
Call 306-949-5454, 403-201-9146
or 306-455-2645

Rocanville Food Share

Rocanville Food Share and Recipients offer our very heartfelt thanks to everyone who supports our local food share. If you know of anyone in the area who in need of a hamper please contact :

Darlene Williams 306-645-2921
Vivian Sveinbjornson 306-645-2059
Roseanne Kelly 306-645-4561 Betty Mills 306-645-2102
Rev. Kathleen Horwood 306-434-8282

Gapland Rollers and SmallTown Smashers

Practice Schedule:

Gapland Rollers (16+) Monday, Wednesday, Thursday 7:00-9:00pm

Smalltown Smashers Monday and Thursday 5:15-6:45pm

*All practices are held at the Rocanville Skating Rink

We will end our home season on **September 19**, when Wheat City Roller Derby League's Gang Green heads west to play their first game in Rocanville. We'll definitely have our work cut out for us, as Gang Green is known for their strong skaters, tricky jammers and hard hitters. We will give the public more details as they become available.

Interested in learning a little more about derby? Are you a fan? A potential ref or skater? Just curious as to why we're all skating around the oval?

Contact us: gaplandrollers@gmail.com



Welwyn Regional Park
Swimming lessons for All levels
July 6th-10th All Day.
Lessons cost \$30.00 per swimmer
for 10 lessons



July 9th Hot Dog Sale 11am-1pm
After Dark Fireworks!!!!

Rocanville Community Centre 219 Ellice Street, Rocanville

Swing by to see our new look! Exercises postponed until fall. Memberships are \$10 per year, you can get a membership from chair people. Anyone can become a member.

Rocanville Playschool would like to thank everyone who supported the 50/50 raffle, the winner was Kirsten Roy of Moosomin. Congratulations Kirsten!
Playschool Registration will be held in September for any 3 or 4 year olds in the area, watch upcoming community calendar for more details. The Playschool board is looking for board members, the playschool cannot run unless all positions on the board are filled. If you have any questions contact Amanda McKean at 306-645-2696.

Rocanville Curling Club

The rink is available for rent during the summer for meetings, receptions and dances. If you would like more information please contact
Levi Yaroszko 645-2757.

They do have one position to fill on the board. Any interested can contact a board member or leave them a message through their Facebook Page.

Rocanville Housing Authority contact Kathleen 306 434 0000

Thank You

We are grateful to everyone who came to the June Market at the Museum and supported **Gapland Rollers** (BBQ \$1200) and **Teddy Bears Anonymous** (\$920)

Thank You!

Dream Big Child Care would like to say thank you to:

- All the families who came and helped make our work bee on May 23rd successful!
- Wilson's Construction for the use of their bobcat
- RM of Rocanville for the gravel
- Clint Birkenshaw for hauling the gravel

July 15th, Carol Daniels will be doing a creative workshop at Rocanville & District Museum beginning at 1pm. She is an Aboriginal artist, multi-disciplined in the areas of writing, storytelling, singing/drumming & visual art. She is a published poet, short story writer and playwright. Carol is Cree & Chipewyan with roots in Sandy Bay, Saskatchewan.



FUNDING PROVIDED BY



The members of Branch #020 of the Royal Canadian Legion wish to thank the following local businesses & individuals who generously donated promotional items for the Zone 4 Legion Golf Tournament which was held on June 6th.



AFAB	Borderland Co-op	Bumper to Bumper
Conexus Credit Union	Easton's	Goodman Steel Ltd.
Kentrax	Anne Knight & John Lloyd	Mary Kay - Tannis Kelly
PCS - Rocanville	Rocanville & District Museum	Super Thrifty
TD Trust	Universe Satellite	Walter Watson

Also thank you to Anita and her staff at the golf course for preparing the delicious lunch buffet.

DIAL A VAN

We are looking for new drivers and a fill in dispatcher. We are now operating on Monday, Tuesday, Wednesday and Friday. Please call 306 434 6644 to book your trip. We also do trips to adult day care at the SEC call for more details call 306 434 6644.



Ted Fischer has graciously been operating the Dial A Van on Market at the Museum days so the seniors from Prairie View Lodge are able to enjoy the entertainment of the day. We appreciate your time and cheerfulness.

T H A N K Y O U

Rocanville Community Thrift Store Schedule July 2015

Monday, Wednesday & Friday 1 - 4 PM, Thursday 6 - 8 PM

Wednesday July 1 CLOSED CANADA DAY

Thursday July 2 Penny Yung, Audrey Bodestaff

Friday July 3
Marie-Anne Tremblay, Eileen Minty, Marie Nixon, Dianne Eckersley

Monday July 6
Muriel Pateman, Marjorie Thompson, Marilyn Hickie, Christina Kim

Wednesday, July 8
Willa Clark, Therese Fafard, Ann Hutcheson, Gwenda Norrie

Thursday, July 9 Eileen Etherington, Lynn Gagnon

Friday, July 10
Myrna Green-Wicklund, Doreen Ferguson, Jean Howie, Phyliss Harper

Monday, July 13
Irene Norton, Christina Kim, Anna DeCorby, Sylvia Magnuson

Wednesday, July 15
Muriel Pateman, Marjorie Thompson, Marie Nixon, Audrey Bodestaff

Thursday, July 16 Ann Knight, Eileen Minty

Friday, July 17
Willa Clark, Bev Felsing, Joyce Nixon, Christina Kim

Monday, July 20
Ann Knight, Gwenda Norrie, Phyliss Harper, Jean Howie

Wednesday, July 22
Eileen Etherington, Sylvia Magnuson, Christina Kim, Lynn Gagnon

Thursday, July 23 Doreen Ferguson, Marie Nixon

Friday, July 24
Penny Yung, Anna DeCorby, Marie Nixon, Marilyn Hickie

Monday, July 27
Linda Bock, Audrey Bodestaff, Eileen Minty, Bev Felsing

Wednesday, July 29
Ann Knight, Joyce Nixon, Marjorie Thompson, Jean Howie

Thursday, July 30 Irene Norton, Doreen Ferguson

Friday, July 31
Irene Norton, Dianne Eckersley, Christina Kim, Ann Hutcheson

Monday, August 3 CLOSED SASKATCHEWAN DAY

Wednesday, August 5
Marie-Anne Tremblay, Therese Fafard, Phyliss Harper, Marie Nixon

Thursday, August 6 Ann Knight, Lynn Gagnon

Friday, August 7
Linda Bock, Doreen Ferguson, Anna DeCorby



Please Note: TUESDAY is a WORKING day we are NOT open for business.

St. Thomas Anglican Church

"Anglicans Serving the Community Since 1883"

ALL ARE WELCOME TO SHARE IN GOD'S WORD.

You shall not oppress and wrong one another, but you shall (reverently) fear your God. ~Leviticus 25:17

July & August Schedule of Services

July 5~Morning Prayer at 11 am.
July 12~Morning Prayer at 11 am.
July 19~Morning Prayer at 11 am.
July 26~Holy Communion at 11 am.
Aug. 2~Morning Prayer at 11 am.
Aug. 9~Joint Service in St. Paul's United at 11:30 am. Potluck lunch to follow.
Aug. 16~Holy Communion at 11 am.
Aug. 23~Morning Prayer at 11 am.
Aug. 30~Morning Prayer at 11 am.

Wheelchair accessible Hall & Church rentals, call 306-645-2107.

BIBLE STUDY will resume in September.

Sunday School resumes September 13th



JULY 2015
ST. PAUL'S UNITED CHURCH
Rocanville, Sask.
Dawn Wilson



June 28 - No Church Service

No Church Services during the Month of July and Aug. 2nd.

"Regular Church Services resume on August 9, 2015 at 11:30 a.m."

**No Senior Choir Practise until September
Welwyn Trinity United Church - Regular Services during July
each Sunday at 9:30 a.m.**

If a Minister is required for St. Paul's contact the Office at 645-2942 and leave a message.

Jeremiah 29:11 - "I know the plans I have for you," declares the Lord, "plans.....to give you hope and a future."

Mixed Golf Night

2 Person Mixed Alternate Shot

\$25 per person non Members

\$10 per person Members

Supper Specials Available

Cash Skins and Prizes every night

One Wednesday Every Month Starting in May

May 20th—5:30

June 17th—5:30

July 15th—5:30

Aug 19th—5:30

Sept 9th—5:30

For More Information contact

Trent Kurbis @ 306-434-9385 or trent.kurbis@gmail.com

Mike Spurr @ 306-435-7475 or mikespurr@hotmail.com

Monthly Prize Sponsors:

Universe Satellite Sales

Borderland CO-OP

Easton's Clear Water

Super Thrifty Pharmacy

Goodman's Steel Ltd

Glenda's Travel Only

Kenhome Construction

Wilkie Field

We will be erecting the play structure on Friday, July 3rd and placing the safety base on Saturday, July 4th. If you are willing and able to help, please send Glenda a text or give her a call at 306 435 6492.

We NEED volunteer help to make this happen.
The kids will have the new play ground for the summer!
We will have **FREE** childcare available for parents who want to help this project & there will also be **FREE** lunch for all the volunteers!

May 23rd we had just the right amount of volunteers come out to help remove some trees and their roots and to help decide where about 20 nice little green ash trees should be moved to. A mechanical break down created an extended lunch break. That afternoon we had 2 grandpas and a great grandpa out there and they moved 21 trees into nice casual rows on the south, west and north sides of the park. Those of you who use the park regularly, bare with us! Sometimes you need to get into a mess to get out of one! **Huge THANK YOU to all our volunteers. If you have some time to give, we need volunteers to help erect the structure. We will also need volunteers to help place the safety base.**

Grand Prize Draw of 2 X \$200 Gift Certificates

Sponsored by Conexus Credit Union

(Must be in attendance >3 nights to be eligible)



The Rocanville Tigers will be hosting the 5th Annual Memorial Golf Tournament to remember their lost teammates, Chad Taylor, Cody Wilson, Brody Parker and Riley Grainger. Come on out and enjoy a great day on the links and remember our friends.

Saturday September 19th Rocanville Town & Country Golf Club Breakfast & Registration 8:00-9:30 am
Rules 9:45 AM Shot Gun Start 10:00AM

Everything else will be held at the Rocanville Curling Rink

Supper 6:00 PM Awards 6:45 PM Auction 7:00 PM Cabaret to follow 9:00 - 2:00 PM

72 teams 144 Golfers 2 Man Best Ball \$75.00 Golfer \$150 Team 50% payout of entry fees
3 Mens Flights 1 Mixed Flight 1 Ladies Flight Top 3 groups in each flight will receive cash
Long drive Awards Ladies & Mens Closest to the pin
\$10000 Hole in one both par 3 holes for both rounds
Live Sports Auction Jerseys and pictures

Please Sign your team up to guarantee your spot and also say if you need a CART

Call [Brad Hickman](tel:306-434-8575) 306-434-8575

Owen Wilson 306-435-9596

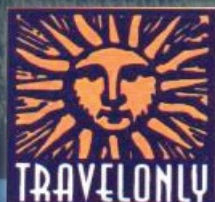
Ashley Howie 306-434-7704

Niko Grose 306-435-7702

Blair Olafson 306-435-9970



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Rocanville, SK

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passport photo needs



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Fax: (306) 645-2937 * Toll Free: 1-877-645-4422
Email: gbrown@travelonly.net

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We're more than just metal

Stop in and check out our show room, ask for your free estimate for your project: we are here to help!

FIND US NORTH OF THE GOLF COURSE
HWY #8, ROCANVILLE
306-645-2050

Come Out and Vote

Referendum Question ...

I am in favour of Town Council borrowing \$360,000 to build the proposed Community Hall (with an estimated value of \$2,400,000) and also in favour of Town Council co-signing a loan for \$765,000 for the Hall Fundraising Committee.

A **YES** vote means a new hall for \$8.33/month per property.

A **NO** vote means no hall for at least three years; possibly forever.

The referendum is binding for three years, so there is no 'do over'.

The terms of the referendum are governed by provincial legislation which means that 50% plus 1 is required for the referendum to pass.

People eligible to vote are defined as:

- Canadian citizens;
- being the full age of 18 years or will be on voting day;
- residing in the Town of Rocanville for at least three consecutive months immediately preceding the day of the vote or personally owning assessable land within the Town of Rocanville for at least three consecutive months immediately preceding the day of the vote; and
- residing in Saskatchewan for at least six consecutive months immediately preceding the day of the vote.

* * * * *

Voting will take place at the Rocanville Town Office as follows:

Advance Poll	Tuesday, July 21	4:00pm–7:00pm
Regular Poll	Wednesday, August 5	9:00am–8:00pm

Come Out and Vote

\$\$\$

Hall Committee's Fundraising Strategy

\$\$\$

The Hall Committee has already received a \$35,000 donation, so the balance at this time is \$765,000. In the first two years, the Committee expects to raise about 30% from:

- Government Grants
- Contractors who worked in the area, several of which had contracts exceeding \$100,000,000
- Fundraising from local businesses
- Fundraising from local citizens, some of whom can get matching grants from their employer.

That will leave about 70% to be fundraised over the next six to eight years.

When the skating rink was built, that Committee fundraised \$950,000 (\$1,340,000 in today's money) between 1996 and 2007. During that time there was very little money in the Province and interest rates were high (6.00%). Despite those challenges, the Rink Building Committee succeeded.

Compare that with today's climate of low interest rates (2.85%), lower income tax, lower sales taxes and stronger economic climate. In addition, the hall has a much broader appeal in the community.

Operating Costs

Most facilities in the Town including the rink, pool, and library require annual funding from the Town to function. The hall will be no different. We anticipate an annual operating deficit of \$10,000 per year to be funded by the Town and possibly the RM.

\$10,000 represents roughly 0.5% of the Town's annual expenses in 2014 and includes:

\$4,500 for insurance; and

\$5,200 for base heating and cooling loads

As with many other facilities, the hall will be exempt from property taxes and water/sewer charges.

Come Out and Vote

Town of Rocanville Infrastructure

When PCS needed water and sewer services for the camp they chose to integrate those facilities with the town's facilities. When the camp was decommissioned, the water and sewer services remained with the town. The Town received \$2,747,000 of upgrades to the Town's water supply and a new lagoon worth \$2,603,000. These upgrades will allow the Town to increase its population by 50% without spending any money in these areas. The big ticket items that many communities struggle with are already in place.

The Town of Rocanville has a program of asphalt replacement in place. In 2015, Town Council has allocated \$165,000 in their budget for pavement repair.

Beginning in 2016, the Town will start a water main replacement project. Street-by-street, as aging water mains are removed and replaced, each street will have a new asphalt surface installed. These costs are covered by existing revenue streams.

Going beyond water, sewer and asphalt, Rocanville enjoys:

- skating rink, curling rink, swimming pool and golf course;
- ball diamonds, soccer fields and playgrounds;
- daycare and Dial-A-Van;
- medical and dental services; and
- a new subdivision with serviced lots ready for housing.

Summary

If the referendum fails, the hall will be cancelled for three years and possibly forever.

The fundraising required has been done before under much more difficult conditions. The Town's infrastructure is being upgraded with a properly-funded, long term plan in place. Even with the hall, the Town's long term debt is low, with room to accept other challenges if they arise.

To pay for the hall involves \$100 per year (\$8.33 per month) per property for 10 years.

If you have any questions please contact Steve Fortney, Chairperson at 645-2710 or s.fortney@sasktel.net

Come Out and Vote

Town of Rocanville Long Term Debt Commitments

Year	Moosomin Hospital Payments Principal + Int 4.50% 2009-2014	Cameron Crescent #1 Payments Principal + Int 2.85% 2012-2016	Cameron Crescent #2 Payments Principal + Int 2.98% 2013-2018	2014 Paving & Curbing Payments Principal + Int 2.45% 2016-2023	Community Hall Payments Principal + Int 2.59% 2016-2025
2013	\$48,857	\$76,097	\$88,594		
2014	\$48,857	\$76,097	\$86,390		
2015		\$76,097	\$83,940		
2016		\$76,097	\$81,705	\$61,058	\$41,325
2017			\$79,470	\$61,058	\$41,325
2018			\$77,235	\$61,058	\$41,325
2019				\$61,058	\$41,325
2020				\$61,058	\$41,325
2021				\$61,058	\$41,325
2022				\$61,058	\$41,325
2023				\$61,058	\$41,325
2024					\$41,325
2025					\$41,325

The Town of Rocanville is in a strong financial position, carrying very little debt.

If the Community Hall proceeds, the payment mentioned above (\$41,325) will be funded by the \$100 property tax increase that began in 2015.

Sponsored by Rocanville Community Hall Committee



Camp Out At the Pool!!

When: July 25-26/2015 at 4PM-9:30AM
Late night swim, snacks, games, movie, hotdogs



\$ 20

Who: ages 9-11

Bring your towel, swimsuit, pillow, sleeping bag, and pjs

***Registration is limited to 15 children, please call 306-645-2011 to register by July 17th!*

2015 Price List

Fitness/Lane Swims 10 pack - \$50.00 or \$7.00 at the door.

Public Swim Student – (7 & up) 10 pack \$35.00 or \$6.00 at the door.

Adult – 10 pack \$50.00 or \$7.00 at the door. (NOT interchangeable with Fitness/Lane swims)

Family – 10 pack \$100.00 or \$15.00 at the door. (1 or more parents MUST be in the water with children)

Lessons (8 lessons) Parent & Tot/Pre-School \$50 Learn to Swim Program \$60 Advanced – inquire for prices & times (subject to class size)

Passes Yearly Family Pass only. \$750.00. Good for all public swims. (Family Swim times only, 1 parent MUST be in the water).

NO child under 7 will be admitted without supervision in the water by an adequate care giver.

All prices include GST. Prices subject to change without notice.



Rentals

\$85.00 per hour, 0 – 49 people. Add \$10.00/hr for each additional 10 persons.

½ Day - \$300.00, 0 – 49 people. . Add \$10.00/hr for each additional 10 persons.

Full Day - \$550.00, 0 – 49 people. . Add \$10.00/hr for each additional 10 persons.

Birthday Parties

\$125.00, 0 – 20 people. Add \$10.00/hr for each additional 10 persons.

Includes cake and drinks. 1 hr in pool and ½ hour for refreshments.

*****Please NOTE***** Public Swims will not be cancelled for rentals/birthday parties less than 4 hours long.

If space can't be found during available times, they will be in conjunction with the public swim time.





Pool Calendar July 2015

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 Public Swim 1-4	2 7-8 Lane Swim 9-10 Parent/Pre Swim 10-12 Rented 1-3 Open Rental 3:30-5:30 Pub Swim 5:30-6 Water Jog 6-7 Lane Swim 7-8 Fitness 8-9 Adult Swim	3 7-8 Lane Swim 8-9 Fitness 10-12 rented 1-3 Open Rental 3:30-5:30 Pub Swim 5:30-6 Water Jog 6-7 Choice 7-9 Teen Swim	4 10-1 Staff Inservice Public Swim 2-5
5 Public Swim 2-5	6 7-8 Lane Swim 8-9 Fitness 10-12 Rented 1-3 Open Rental 3:30-5:30 Pub Swim 5:30-6 Water Jog 6-7 Volleyball 7-9 Pub Swim	7 7-8 Lane Swim 9-10 Parent/Pre Swim 10-12 Rented 1-3 Open Rental 3:30-5:30 Pub Swim 5:30-6 Water Jog 6-7 Lane Swim 7-8 Fitness 8-9 Adult Swim	8 7-8 Lane Swim 8-9 Fitness 10-12 Rented 1-3 Open Rental 3:30-5:30 Pub Swim 5:30-6 Water Jog 6-7 Water Polo 7-9 Public Swim	9 7-8 Lane Swim 9-10 Parent/Pre Swim 10-12 Rented 1-3 Open Rental 3:30-5:30 Pub Swim 5:30-6 Water Jog 6-7 Lane Swim 7-8 Fitness 8-9 Adult Swim	10 7-8 Lane Swim 8-9 Fitness 10-12 Rented 1-3 Open Rental 3:30-5:30 Pub Swim 5:30-6 Water Jog 6-7 Choice 7-9 Teen Swim	11 10-12 Family Swim 1-4 Public Swim
12 9-1 Bronze Cross Exam Public Swim 2-5	13 7-8 Lane Swim 8-9 Fitness 9-3 Lessons 3:30-5:30 Pub Swim 5:30-6 Water Jog 6-7 Volleyball 7-9 Pub Swim	14 7-8 Lane Swim 9-3 Lessons 3:30-5:30 Pub Swim 5:30-6 Water Jog 6-7 Lane Swim 7-8 Fitness 8-9 Adult Swim	15 7-8 Lane Swim 8-9 Fitness 9-3 Lessons 3:30-5:30 Pub Swim 5:30-6 Water Jog 6-7 Water Polo 7-9 Public Swim	16 7-8 Lane Swim 9-3 Lessons 3:30-5:30 Pub Swim 5:30-6 Water Jog 6-7 Lane Swim 7-8 Fitness 8-9 Adult Swim	17 7-8 Lane Swim 8-9 Fitness 10-11 Daycare 11-12:30 Rented 1-3 Open Rental 3:30-5:30 Pub Swim 5:30-6 Water Jog 6-7 Choice 7-9 Teen Swim	18 10-12 Family Swim 1-4 Public Swim
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26 10-1 Staff Inservice Public Swim 2-5	27 7-8 Lane Swim 8-9 Fitness 10-12 Rented 3:30-5:30 Pub Swim 5:30-6 Water Jog 6-7 Volleyball 7-9 Pub Swim	28 7-8 Lane Swim 9-10 Parent/Pre Swim 10-11 Daycare 11-12:30 Rented 1-3 Open Rental 3:30-5:30 Pub Swim 5:30-6 Water Jog 6-7 Lane Swim 7-8 Fitness 8-9 Adult Swim	29 7-8 Lane Swim 8-9 Fitness 10-12 Rented 1-3 Open Rental 3:30-5:30 Pub Swim 5:30-6 Water Jog 6-7 Water Polo 7-9 Public Swim	30 7-8 Lane Swim 9-10 Parent/Pre Swim 10-12 Rented 1-3 Open Rental 3:30-5:30 Pub Swim 5:30-6 Water Jog 6-7 Lane Swim 7-8 Fitness 8-9 Adult Swim	31 7-8 Lane Swim 8-9 Fitness 10-12 Rented 1-3 Open Rental 3:30-5:30 Pub Swim 5:30-6 Water Jog 6-7 Choice 7-9 Teen Swim	

Parent & Tot/ Preschool 9-10am Cost \$50
Swimmer 6-Star 11-12am & 2-3pm



Swimmer Level 1-5 10-11am & 1-2pm Cost \$60
We are running an NL course starting July 27th

NEW @ the Pool: Water Jogging. Cost is \$5 drop-in or \$35 for 10.

Strap on a water belt and run. Virtually no impact on joints, like regular running and a great cardio workout.

No need to know how to swim as water belt keeps you floating.

Please join us for water sports Monday Volleyball Wednesday Water Polo and Friday Is choice. Cost is \$3.

Rocanville Slo Pitch Committee Year-End Tournament July 23 - 25, 2015

Beer Garden is open all 3 days at the yellow diamond.

The public is welcome to come watch all the action!

Call Courtney Fafard at 306 434 9414 or Owen Wilson at 306 435 9596 for more information

Congratulations to the Rocanville Grad Class of 2015

Jade Belhumeur

Bobbie-Jo Briggs

Cassidy Carlson

Michael Carver

Jacob Clarke

Paighton Cozens

Alexis DeCorby

AnneMarie DeCorby

Kyle Duncan

CJ Fafard

Tristan Firomski

Aimee Grattan

Greer Hickie

Paige Hutchinson

Marie Kelly

Jaxon Lewis

Scott Lonseth

Rachel Mannerfeldt

Daniel Reid

Braden Richter

Colton Ryan

Jaiden Shopland

Alyson Springer

Casey Tse

Sloan Turner

Austyn Worobetz



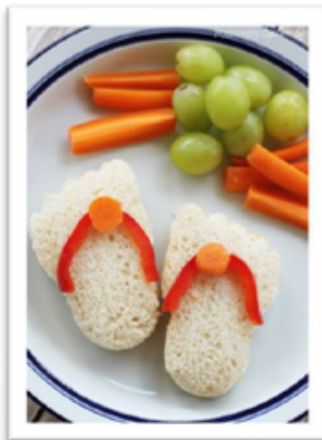
Tips for having a Fun Safe Summer

Water Safety

- Young children can drown in 2.5 cm (1 inch) of water in just seconds
- Stay within sight and reach of your child, when in, on or around water.
- Don't rely on older children.
- Learn how to swim or have your child supervised by an experienced child. Learn First Aid and CPR.
- Young children must wear life jackets when in, on or around the water or in a boat.
- If you have property that is close to open water, fence off a play area for children that is away from the water.
- Put your child in swimming lessons.
- Teach your child about currents and water safety rules.

Sun Safety

- Stay in the shade and out of the hot sun between 11 a.m. and 4 p.m.
- Make sure children are wearing sunglasses that provide UVA and UVB protection
- Use a sunscreen lotion, cream or spray that is SPF 15 (Sun Protection Factor) or more
- Put sunscreen on skin 20 minutes before going out and reapply 20 minutes after being out in the sun to ensure even application
- Don't forget lips, ears and nose. These parts of the body burn easily.
- Sunscreen gets washed off by water and sweat. So, put more sunscreen on after swimming or sweating.



Flip Flop Sandwiches from *Positively Splendid*

To make the sandwiches you will need...

- *Bread*
- *Meat, cheese and any desired condiments*
- *Foot-shaped cookie cutter*
- *1 red bell pepper, sliced thinly*
- *1 carrot, sliced into thin rounds*
- *1-2 pieces of uncooked spaghetti*

- Assemble the sandwiches as you normally would. **Helpful tip: If you want to make the sandwiches ahead of time for a gathering without them becoming mushy from the condiments, lightly butter the bread on each side that will be on the inside of the sandwiches.**
- Use the foot cookie cutter to cut a foot shape from each prepared sandwich. (Reserve the unused portions to cut into small pieces and serve for lunch or snacks later on.)
- Break the spaghetti into 1/2-3/4" pieces. Insert one end of each piece into one of the carrot rounds, as shown.
- Overlap 2 of the red bell pepper strips on the cut sandwich to form the flip flop "straps." Insert the spaghetti and carrot piece through the overlapped portion of the strips to secure them into place.

First Aid/CPR Standard Level C-Certification & Recertification

Location: Rocanville Recreation Office

Date: September 26 & 27, 2015 Time: 9:00am- 4:00pm

Recertifications only to attend on September 27th

Individual Promotion:

Receive your recertification or certification at the 2014 price of :

Recertification: \$85.00 (\$15 savings)

Certification: \$155.00 (\$20 savings)

Business/Employer Promotion:

Register 5 employees & receive 6th half price!

Saving of \$50-\$87.50

No limit on how many discounts you can receive (10 employees= 2 half price.... etc)!!!

Must pre-register with payment by June 30/15, outstanding payments after this date will void discount.

Contact Amanda at A_Still84@hotmail.com to register or for more information

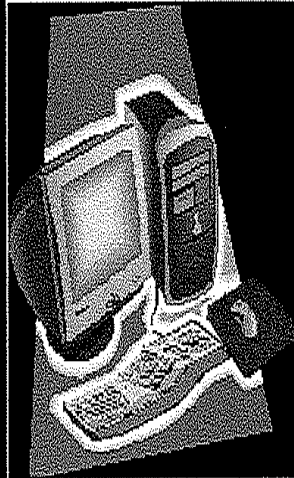
No cancellations accepted after September 1, 2015.

Minimum amount of registration required or class will be cancelled and refunds issued.

Now accepting cash, cheque, credit or paypal!!!!

Computer Problems?

TJK Technologies can help!



Specializing in Computer Sales & Service for Home and Business

Complete Home Theatre wiring for new and existing homes

Security Solutions—CCTV & IP based surveillance systems for business and agriculture

TJK Technologies

Trent Kurbis

Rocanville, SK

Tel: 306-434-9385

Email: tjktech@sasktel.net

**Health is the thing
that makes you feel
NOW
is the best time of year.**

Debra Brown

Certified BodyTalk Practitioner

306-643-4914

debrabrown.bodytalk@xplornet.ca

Sessions at:

Rocanville Wellness Center

Moosomin: Enchanted Touch Day Spa

BodyTalk
Whole Health Care
designed by **your** body
www.bodytalksystem.com



Having Trouble Getting a Mortgage at the Bank

Current Rates:

2.64 % 5 YR fixed

5 Year VRM Prime -.55% (Prime dropped to 2.85%)
(rates subject to change, OAC)

***Purchasing** a home?

*Is your current mortgage coming up for renewal?

*Do you need **EQUITY OUT** for renovations or debt consolidation?

*Is your current rate **TOO HIGH**?

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Lynn Bryan

Mortgage Associate #316319

306-570-8948

l.bryan@sasktel.net



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Market at the Museum

Saturday, July 18, 2015

10 a.m. - 2 p.m.



Lunch will be hosted by
The Rocanville Legion and TD Bank



**Featuring family entertainment by
The Greens!**



Door donations will benefit
**MAIN Street Mobile
Family Resources**

**Southeast RIC and Regional Kids First will be on site with the
MAIN Street Mobile Family Resource!**

An initiative of the Southeast Regional Intersectoral Committee, MAIN Street Mobile Family Resources is an outreach implemented to support children aged 0-5 and their families. It is supported by Regional KidsFirst Community Developers and partnering agencies to serve rural communities within the Southeast Region of Saskatchewan. MAIN Street Mobile Family Resources is aligned with Saskatchewan's Child and Family Agenda with the goal of ensuring that all children get a good start in life within healthy families and supportive, safe communities. The MAIN Street Mobile contains resources to promote Parenting Education, Early Learning, Wellness & Support, as well as Information on local early childhood programs and services.

The MAIN Street Mobile is geared for preschool children and families.

It features many different, fun and interactive stations which families can have fun doing together! The MAIN Street Mobile also includes a healthy snack, along with FREE children's books and resources for parents.

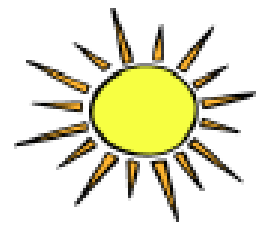
**This is a FAMILY themed market,
with lots of fun activities for children
of all ages including HAYRIDES!**

FUTURE MARKETS:

Aug. 15, Sept. 19 (the third weekend of every month)



Welcome **JULY**



AT THE LIBRARY



Story Time -Story Time will not be held during the months of July and August. Please stay posted for our start up time in September!

Closed July 1-The Library will be closed on Wed. July 1 for the Canada Day Holiday.

Summer Reading Club will be held August 18th and 20th from 2-4 pm. Please pre-register if your child would like to attend. Lots of fun and activities for your child, and a snack for them before they go home.

Go Science!- Aug. 19. Open to children from K- Gr 6. No Cost. Please pre-register.

The Saskatchewan Science Centre is coming to the library on August 19th from 2-5 pm. Register your child to be able to take part in the fun! The Science Centre team will be there for your child to participate in three fun and new science -themed programs-

Messy Makers -Explore different mixtures, liquids and solutions through hands-on experiments and demonstrations..

Dynamic Discoveries- Bring out your inner scientist by designing, testing, tinkering, and making!

Water Warriors- be a water warrior on your quest through the water cycle.

(Each program includes an element that every participant takes home)

Library Hours:

Tues: 1:30-5:00 PM

Wed : 9 AM-12:30 P M

and 2:00-6:30 PM

Thurs: 1:30-5:00 PM

Phone: 645-2088



Next Board Meeting:

Wed. Sept 9, 2015

at 5:30 pm

at the Library.



*Ken Crosson, CFP, CPCA
Certified Financial Planner*

320 Gardiner Park Court
Regina, SK S4V 1R9

Tel: (306) 522-5674

Fax: (306) 781-7791

www.discovery-financial.ca kcrosson@discovery-financial.ca

Over 50% of Canadians are Doing It. Are you? Understanding the benefits of a Tax-Free Savings Account

Are you among the more than 50 per cent of Canadians contributing to a Tax-Free Savings Account (TFSA)?⁽¹⁾ If not, perhaps a closer look at its unique benefits will prompt you to consider how you can take advantage of this flexible, tax-advantaged savings tool.

The primary purpose of a TFSA is to provide a tax-sheltered way to save money, which can be used for any medium or long-term purpose. For example, you may want to lay away funds for unexpected emergencies or save up for a large purpose.

TFSA's are registered with the Canada Revenue Agency (CRA), which is why they offer tax advantages. They were first made available in 2009 and currently allow you to contribute up to \$5,500 a year. Contributions aren't tax deductible as is the case with Registered Retirement Savings Plans (RRSPs), but the investment earnings within the account, and any withdrawals, are tax free. Unused contribution room can be carried forward to future years. You need to be at least 18 years old and have a valid social insurance number (SIN) to open a TFSA.

When compared to RRSPs, TFSA's are still relatively new to Canadians. This could be the reason why Canadians held roughly \$841 billion in RRSPs versus just \$81 billion in TFSA's in 2012.⁽²⁾

In comparison, RRSPs are primarily intended to help Canadians save for retirement and withdrawals are taxed when withdrawn. It's important to understand that TFSA's and RRSPs can effectively complement each other in a comprehensive investment portfolio. In fact, you may benefit greatly from contributing the annual maximum to each in order to meet different savings goals.

Don't have a TFSA? Here are some key reasons to consider one:

1. You've maxed out your RRSPs

A TFSA can complement existing RRSPs if you've already contributed the maximum amount to your RRSPs and would like an additional tax-sheltered investment.

2. You have choice

TFSA's can hold many types of investments, including mutual funds, segregated fund contracts, GICs⁽³⁾ or high-interest bank accounts. This means you can choose the TFSA investment vehicle that makes the most sense for your financial situation and your needs.

3. TFSA's are flexible

You can make withdrawals from your TFSA anytime, tax free – unlike an RRSP. This means you won't be penalized if you need access to the money in your account for any reason. However, it's important to understand that, depending on the type of investment you choose for your TFSA savings, there could be a fee for withdrawals.

If you withdraw from your TFSA, you can redeposit the full amount starting in the following calendar year and still have the maximum contribution each year. You can also carry forward any unused contribution room for future years.

An advantage for lower-income households

Investment earnings within a TFSA and any withdrawals you make from it won't affect the amount you receive from government programs that are based on income, such as the Guaranteed Income Supplement, Old Age Security or Canada Child Tax

Benefit. Your benefits from these programs stay the same.

Need more information?

You can visit the Government of Canada's website at www.tfsa.gc.ca to learn more about TFSA's. To understand how TFSA's can benefit your unique situation and financial strategy, speak with an advisor.

TFSA TIPS

While TFSA's don't offer a spousal plan (as is the case with RRSPs), **monetary gifts given to a spouse or common-law partner can be invested in a TFSA**, and TFSA assets can be transferred tax free to the TFSA of a spouse or common-law partner upon death.

Keep track of how much you're contributing. If you lose track, surplus contributions to a TFSA in the same year could result in a penalty tax. It's a great idea to speak with an advisor about the best way to avoid exceeding your TFSA contribution limit.

(1)Manulife Survey conducted July 8-18, 2013, by Environics Research Group, with 2,003 Canadians ages 25+ with \$50,000 or more in annual household income.

(2)Investor Economics, 2013 Household Balance Sheet Report.

(3)For the purposes of this article, GICs can refer to Guaranteed Interest Contracts offered by insurance companies or Guaranteed Investment Certificates offered by other financial institutions.